

Client Name: RASPBERRY TEST

Welligent ID: 5161761

Birth Date: 08-Sep-1980


IBHIS ID (DMH Clients):_



Appointment Details

Date of Service: 03-Sep-2020
 Scheduled/Start Time: 10:15AM
 Appointment Duration or Face to Face: 39 (Minutes)
 Date Marked as Complete: 14-Sep-2020 10:34AM
 Non-Billable Time: (Minutes)
 Provider: Cardenas, Jennifer
 Other Time (Not Face-to-Face): 6 (Minutes)
 Travel Time: 23 (Minutes)
 Status: Completed
 Primary Action: Intensive Home Based Services
 Reporting Unit: County Mental Health
 Reporting Unit Address: 555 Main Street, Oakland, CA 94619
 Reporting Unit ID: SC
 Place of Service: Office
 Other Individuals Present: Family: Non-Family:
 Collateral Visit: No Specify:
 Service Strategy: 00-No Evidence Based Practice/Service Strategy
 Evidence Based Practice: 00-No evidence based practice
 Appointment Internal ID: 1377112823

Mental Health Notes

 Activities/Services	
Goals:	Client will reduce impulsive, aggressive behaviors related to his diagnosis of Attention Deficit Hyperactivity Disorder (including kicking and punching siblings), from five times per day to one time per week, as well as increase use of pro-social replacement behaviors.
Interventions:	The worker met with Mother and Aunt to identify situations and triggers at home that contribute to client's angry outbursts. The family reported that client has been throwing tantrums, kicking and punching his siblings. When they start playing and teasing each other, Client's behavior escalates and gets out of hand. The worker assessed the home situation, and assisted Mother in identifying situations that lead to client's angry outbursts. The worker and family discussed the family dynamics and alternative ways to deal with client's frustration, such as talking to Rick in a firm, but calm, tone of voice, and suggesting alternative options. The worker also assisted Mother in gaining a better understanding of client's behavior, and the importance of recognizing the target behavior in order to give client verbal praise.
Response:	Client agreed that he will take a brief time out, in a chair at the kitchen table, when he feels himself becoming angry. If client becomes violent toward self/family members, he will go to his room for a 15-minute period to calm himself.
Progress:	Client is making progress towards treatment goals.

Plan:

Worker will continue to assist Mother in identifying when the interaction is likely to become out of control, so that she can intervene early. The worker also will assist Mother in modeling appropriate responses to client's outbursts.

Signatures

Electronic Signature/Credentials

Jennifer Cardenas, LCSW

September 14, 2020 10:34:45 am

Date of Signature