

Client Name: RASPBERRY TEST

Welligent ID: 5161761

Birth Date: 08-Sep-1980


IBHIS ID (DMH Clients): \_



**Appointment Details**

Date of Service: 07-Sep-2020  
 Scheduled/Start Time: 04:03PM  
 Appointment Duration or Face to Face: 84 (Minutes)  
 Date Marked as Complete: 14-Sep-2020 09:57AM  
 Non-Billable Time: (Minutes)  
 Provider: Cardenas, Jennifer  
 Other Time (Not Face-to-Face): 14 (Minutes)  
 Travel Time: 19 (Minutes)  
 Status: Completed  
 Primary Action: Intensive Care Coordination  
 Reporting Unit: County Mental Health  
 Reporting Unit Address: 555 Main Street, Oakland, CA 94619  
 Reporting Unit ID: SC  
 Place of Service: School  
 Other Individuals Present: Family: Non-Family:  
 Collateral Visit: No Specify:  
 Service Strategy: 00-No Evidence Based Practice/Service Strategy  
 Evidence Based Practice: 00-No evidence based practice  
 Appointment Internal ID: 1377101935

**Mental Health Notes**

 <b>Activities/Services</b>	
Goals:	<p>The purpose of this child and family team meeting (CFT) was to support the client and his mother with identifying specific skills and tools that they can utilize to experience respect, accountability, and safety in their relationship.</p> <p>In attendance at this CFT were the client, his mother, their neighbor, client's CWS worker, client's attorney, Charis therapist and Charis counselor.</p> <p>Client actively participated in the session, by interjecting comments at appropriate moments. The client continues to need support with demonstrating respect, accountability and maintaining safety in the home.</p>
Interventions:	<p>This therapist highlighted the client's recent move to his mother's home, and asked client and his mother to describe how things have been going between them. This therapist suggested to the family and the team that it may be helpful to update the client's safety plan to reflect his recent move, and she prompted the team to develop an initial safety plan (which involved the coping skills of taking space and utilizing natural supports) to support</p>

	<p>client and his mother with any immediate safety concerns. This therapist invited the team to brainstorm various rules, expectations, routines, and structured activities that could be implemented as part of the client and his mother's family structure. This writer encouraged them to take the ideas generated by the team and further clarify their family structure today following the CFT. In order to address potential safety concerns, this writer reviewed action items related to mother's CWS case plan, and she invited the CWS worker to clarify CWS' immediate expectations of her. This writer invited the client's mother to reveal any potential barriers that she may be experiencing that could hinder her from meeting CWS' expectations in order for her to have the opportunity to receive the support of the team.</p>
<p>Response:</p>	<p>Client and his mother revealed that they had experienced an incident in which they became frustrated with one another and decided to take space from one another. Client and his mother participated in all aspects of the team's planning and agreed to spend time later in the day to clarify initial rules and expectations that work for them, and they agreed to continue to focus on developing a family structure in future sessions and meetings. The client's mother agreed to follow through on CWS' immediate expectations, and she was able to problem solve potential barriers to meeting those expectations during the CFT meeting.</p>
<p>Progress:</p>	<p>Team continues to support progress towards client's treatment goals.</p>
<p>Plan:</p>	<p>This writer will complete and disseminate the wrap action plan from this CFT to the client, his mother, and his wrap team.</p>

**Signatures**

Electronic Signature/Credentials

Jennifer Cardenas, LCSW

September 14, 2020 09:57:40 am

Date of Signature